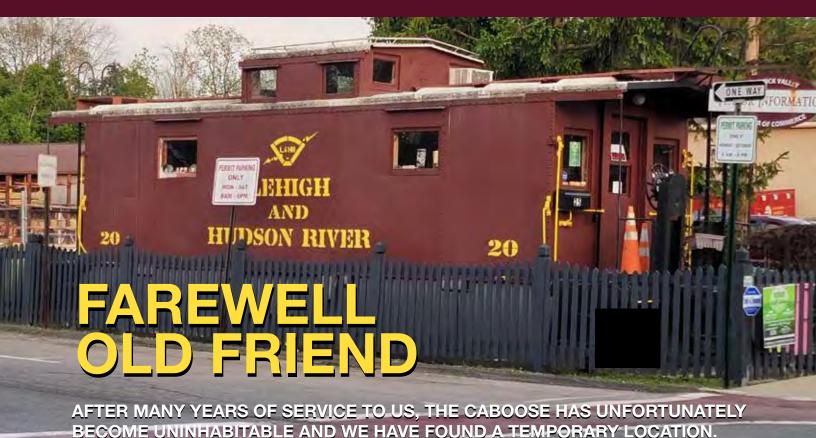
THE WARWICK VALLEY CHAMBER WWW.Warwickcc.org CHANGE CHAMBER WWW.Warwickcc.org CONNECTION



The caboose has served as the chamber office since 1993, and served it has. The chamber has grown steadily since 1993, and we hope that we can take the spirit and energy of the caboose and bring it to our new space when we find one!

Thanks to the caboose for many memories and being a great talking point of our wonderful chamber.

Opinions expressed by newsletter participants do not necessarily reflect those of the Warwick Valley Chamber of Commerce. 7 Grand Street, Warwick, New York 10990



Kim **Corkum**Director of Luxury Homes **Keller Williams Realty**

PRESIDENT'S REPORT

Spring is here and I am excited for all that it will bring.

We are excited to announce we will be offering two scholarships this year

for eligible high school seniors, as well as my favorite event of the season, the 3rd Annual Golf Outing.

We will be adding golf mixers, so stay tuned for upcoming dates.

I look forward to continuing to bring in new opportunities and ideas to advocate your businesses and community opportunities.

We are on a mission to help our businesses to continue to grow.

Please take advantage of what our chamber offers to promote your business from ribbon cuttings to all kinds of mixers.

We want to continue building a strong local economy.

2023 BOARD OF DIRECTORS

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Valley Chamber of Commerce



KAREN **WINTROW**Business Manager

EXECUTIVE DIRECTOR

Dear Chamber Members.

I am so excited to have started my journey as Executive Director of the Warwick Valley Chamber of Commerce. Having started in late August right as we were gearing up for Taste of Warwick and Applefest was very exciting and I got to learn a lot very quickly and appreciate everyone who has been so integral in making these events huge successes for our community. Our annual member celebration at Red Tail Lodge was truly wonderful and it was so nice to get to meet so many of you in person and celebrate the wonderful business community here in the Warwick Valley. We have such a vibrant and thriving community it gives me immense excitement to be part of and to be here to support our local businesses. I want all of our members to know that connecting with you all and hearing your needs and wants from the chamber is very important to me.

We have a bright future ahead and I am looking forward to collaborating with all of you. If you have an idea for a program or wish to hold a mixer at your business, please reach out.

Please feel free to call, email or schedule an appointment to meet!

Stefanie Keegan





Janine **Dethmers**Corporate Impressions
Program Committee
Chair of the WVCC

NETWORKING TIDBITS

By Janine **Dethmers**, Programs Committee Chair

Whether you're trying to develop your personal career or forge new business relationships, making offline, personal connections has become even more critical as online social networking becomes the norm.

How well are you navigating those uncomfortable face-to-face networking situations when you step into a room of potential connections? Do you feel ready to dive right into relationship-building conversations?

This is something that I have been working on personally. My husband and I have enjoyed the live/work from home lifestyle for numerous years and have recently become snowbirds here in the sunshine state of Florida (Naples). Being new to the area has made us realize just how important it is to break out of our comfort zone to meet new people, and we are getting in some good practice. From going to the gym, to attending networking luncheons, parties or events with overwhelmingly large crowds, we seem to be making new acquaintances daily while cultivating some stronger relationships.

Whether for personal or for business, approaching a big or small group can be intimidating. One way to ease into the activity is by seeking out and introducing yourself to a person or persons who are also looking for someone to talk to. Be sure to ask people questions about themselves. Showing genuine interest in another person can say more about you than talking about yourself could. Asking questions invites others to keep engaging in conversation. And remember, active listening is a key skill for networking and will build the foundation for strong and productive relationships.

The programs committee is proud to bring you a variety of social events while encouraging our members to showcase their business and network with colleagues in a relaxed social setting. We strive to spread commerce and accommodate varying work schedules. Here's a look at what we've been up to:

More about our Spring Mixers at Craft Beer Cellars, Pine Island Tap House, Town of Warwick Police Department, Coquito, and Etched in Time, in the next issue of Chamber Connection.

Upcoming Events: Our next After-Hours Mixer will be at Last Whisky Bar on June 29 guests and non-Chamber members are always welcome to join in for any and all of our events, so be sure to spread the word and invite others to join us.

If you are interested in hosting a Chamber event or would like to pitch an idea, contact Programs Committee Chair Janine Dethmers at Corporate Impressions via jsdethmers@gmail.com or 845-988-7193.



















KICKING 2023 OFF WITH GREAT MIXERS

We started off the year with a sparkling Expresso Mixer at **LAVIANO JEWELERS** in mid-January. It was one of our most well-attended morning mixers and our hosts were gracious and welcoming.

February found us at **BONE YARD CANTINA**one of the newest restaurants in downtown
Warwick with a record number of attendees for
an After Hours Mixer. The food and drinks were
delicious and the atmosphere is second to none
with the incredible hand-painted murals
covering the walls.

In early March, we celebrated the 2nd Anniversary of the **RHINEBECK BANK WARWICK BANKING CENTER** at our Expresso Mixer. We were happy to have a large contingent of Rhinebeck team members present and appreciated the delicious pastries and great give-aways.

Also in March, we traveled up the mountain to **MOUNT PETER** for an After Hours Mixer. Another large crowd enjoyed delicious appetizers, a great bar, and of course, their picturesque location. It was a challenging season for skiing but their hospitality and ambience make it an incredible local treasure.

If you haven't been to a mixer, please attend one to see what they're all about. Members and non-members are welcome.

If you're interested in hosting a mixer, please let us know by emailing info@warwickcc.org.























Phone: (973) 459-9810 Email:mikuliklawnandlandscape@gmail.com



"Growing Together"

Spring is finally approaching... and quickly! Don't have a green thumb? Having trouble maintaining your flower beds, never ending weed growth, or do you have wild shrubs that need pruning? Spring is the perfect time to re-mulch beds, extract the weeds, and prune/trim those shrubs that so desperately need a haircut! Did you know that weeds takeaway vital nutrients from your plants and grass? Weeds also grow 2-3 times faster than grass meaning having to spend more valuable time mowing. Another benefit to weed control is it enhances your properties curb appeal giving you roughly a 7% increase in your property value. These are just a few select services we offer here at Mikulik Lawn and Landscape that bundle great with our affordable lawn maintenance packages.

Give us a call for a free estimate where we schedule within an equitable time frame and estimates are submitted within one business day. Mikulik Lawn and Landscape values their customers and their time, therefore we are always here to answer phone calls and inquiries via email! Give us a call and leave the work for us!



Valerie K. Zammitti, JD, MBA, LLM of Zammitti Law, PLLC Ambassadorship Chair of the WVCC

CHAMBER BOOK CLUB: BUILDING BUSINESS WITH BOOKS

by: Valerie K. Zammitti, JD, MBA, LLM of Zammitti Law, PLLC

Ambassadorship Chair A fun and engaging new program has begun at the Chamber to help support our member business owners who want to learn more! We're diving into books to open discussions on ways to improve ourselves and our businesses. While topics like marketing and systems will be addressed, we will also tackle "grayer" subjects like how to establish a strong dream team and individual mindset. So, if you're interested in expanding your business knowledge and ready to apply new ideas into your business right away, reach out to the Chamber at 845.986.2720 or info@warwickcc.org to be added to the book club list! We're looking forward to seeing you there soon. Our Mission: The ambassadors of the Chamber shall identify methods to support existing members and create valuable connections with new members to ensure continued involvement with the Chamber for the increased success and betterment of all members.

USE LOCAL COUNSEL

Here in the Warwick Valley residents and business owners alike believe in its strong "shop local" attitude. Warwick recognizes that small business is an economic driver and one of the biggest reasons Warwick is a treasured destination for so many visitors. There is a distinctive pride in creating strong businesses from which earnings are invested in the community. Local business owners, and their families and employees, shop local at other businesses, buy homes here and support many of the local charities and organizations that serve the community,

all leading to continual economic growth. The principle of "shop local" also applies when you need to choose legal counsel. You should expect your lawyer to understand area customs and practices, know local attorneys and judges and have a comprehensive understanding of their community as a whole. That knowledge enables a lawyer to best serve his or her clients. Lawyers who are actively engaged in the local legal community also provide their clients the benefit of a broader knowledge base. Lawyers often reach out to area colleagues for their perspective or their experience or even simply a referral on a matter they do not handle. What has worked? More importantly, what has failed? In my role as

local prosecutor, my experience has taught me how to work with the judges in the greater Warwick area and how to best approach the issue in front of them to obtain the best outcome for my client. Likewise, when representing a private client, knowing opposing counsel aids me in developing a strategy to best meet the needs of my client. This is true for not just me, but for all attorneys. In sum, if you need an attorney, start your search here in the Warwick Valley.



The Law Office of Elizabeth K. **Cassidy** PLLC

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Sure you are ready for Spring but is your home ready?

HERE IS A QUICK SPRING MAINTENANCE CHECKLIST.

- TEST SMOKE & CO DETECTORS
- REPLACE ALL FILTERS
- CLEAN WINDOWS AND SCREENS
- CLEAN GUTTERS & DOWNSPOUTS
- REPAIR LOOSE SHINGLES AND SIDING
- POWER WASH THE EXTERIOR
- CLEAN UP GARDENS AND THE YARD
- SERVICE THE A/C UNIT
- DECLUTTER

If you need help or recommendations - please let me be your real estate expert.

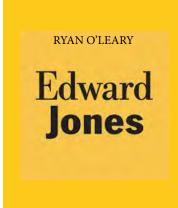


THIS SPRING, WHY NOT PLAN A STAYCATION AT NEARBY CRYSTAL SPRINGS RESORT IN SUSSEX COUNTY, NEW JERSEY?

Whether with the family, your friends or that special someone, join us for a memorable getaway just next door. Discover our exceptional **spring packages**, as well as recommendations for an array of on-property and **area seasonal activities during your stay**. Two full service **luxury spas**, an array of **stylish dining outlets**, six golf courses, fabulous indoor and outdoor pool complexes, hiking trails, plus the area's most expansive health and wellness center await.

Discover all that Crystal Springs Resort has to offer!

ResortsCrystalSprings.com; info@crystalgolfresort.com



TIME FOR FINANCIAL 'SPRING CLEANING

Now that we've put winter behind us — at least on the calendar — it's time to think about **sprucing up our homes**, inside and out. But it also may be time to do some financial spring cleaning. For starters, **dust off your investment strategy**. Over time, your circumstances and risk tolerance can change, and these changes may lead you to **reexamine your future financial and investment decisions**. Next, think about "de-cluttering" your portfolio by possibly **getting rid of some duplicate investments** and using the proceeds to expand your investment mix. And it's also important to **organize all your financial documents**, whether they're on paper or in electronic form. Finally, just as you remove dangers around your house, you'll want to explore strategies to help ensure you're **protecting your loved ones from financial threats**. Spring cleaning can pay off in a cleaner, safer home environment and in helping keep your financial strategy working hard for you.

This content was provided by Edward Jones for use by Ryan O'Leary, your Edward Jones financial advisor at **845-987-7220**

Member SIPC

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Fysioplus on Demand, including appointments for in-home physical therapy (covered by insurance), **845-390 -1625.**

GREAT GORGE

Unleash Excitement at The Great Gorge

where Adventure, Golf, and delicious eats await!

Welcome to The Great Gorge, an incredible adventure, relaxation, and fun destination in Vernon, New Jersey. This amazing location has something for everyone, with TreEscape Aerial Adventure Park offering thrilling courses and challenging obstacles for all ages.

The 27-hole Great Gorge Golf Club offers scenic views and challenging holes, perfect for a round of golf with friends or a golf outing. Afterward, you can stop by Hef's Hut, a casual eatery with delicious dishes and a cozy atmosphere. The patio overlooks the stunning Vernon Valley.

Book your next event here and experience all that The Great Gorge offers! (862) 801-7028, https://thegreatgorge.com, 414 County Rd 517 Vernon, NJ 07462



REGISTRATION IS OPEN FOR THE 2023 HEROES IN DEED HERO RUN, OUR ANNUAL 5K/10K RUN/WALK IN MEMORY OF OUR HERO,

LTC JAIMIE LEONARD.

Jaimie was a Warwick native and West Point graduate. She was killed in June 2013.

This year's event marks the tenth anniversary of Jaimie's death and it will be special! The 2023 Run took place Saturday, June 10th in Warwick, NY, To honor the 10-year anniversary, we added a 10-day virtual challenge option this year.

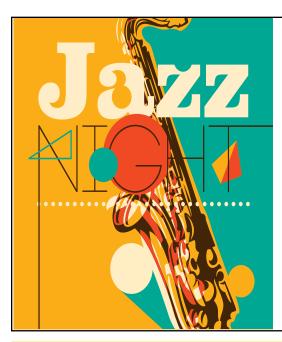
More information on how to donate: https://bit.ly/HiDHERoRun2023 .

 $Contact\ Bo\ Kennedy\ for\ Sponsorship\ information: rmk@kennedycoinc.com.$

HERoes In Deed Contact



HID Board Secretary for more info or comments: Kendall Kless 845-551-9786 klessk@hotmail.com



AUGUST 9-13 IS THE 14TH SEASON OF THE **HUDSON VALLEY JAZZ FESTIVAL.**

THE FESTIVAL IS A CELEBRATION OF JAZZ, OUR AMERICAN MUSIC, PRIMARILY FEATURING REGIONAL MUSICIANS DESERVING OF WIDER RECOGNITION.

Held throughout Orange County and the greater Hudson Valley, Warwick is the home. Enjoy jazz in unique and easily accessible environments...a day in the park, formal setting in a hall, community center, cafes, restaurants, libraries, historical society spaces, lakeside concert venues, home concerts and live music venues. The Village of Warwick, SugarLoaf on The Lawn, UpFront Gallery, Port Jervis, Barnstock, Woodstock, The Cove in Greenwood Lake, Albert Wisner Library, The Falcon in Marboro, Unison Arts in New Paltz and Front Street Tavern in Kingston are on board and it's still early.

Schedule and information at hudsonvalleyjazzfest.org. (917)903-4380/ hudsonvalleyjazzfest@gmail.com

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Remote employees are more relaxed about what t websites they access, the content they consume, the emails that they open, and the devices that access their network. They mix work with fun in a way you do not see in the office.

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RAYMOND 20-Year Professional Anniversary Celebration

Twenty years is a long time, especially in the context of our ever-changing world. When it comes to a professional career, as well as a successful small business startup, a 20-Year milestone is worth celebrating!

For more information, refer to LynchWealthStrategies.com, call 845-294-3456 or contact Ed at: Edwa<u>rd.Lynch@raymondjames.com.</u>

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NEW JERSEY **ADVANCED PAIN MANAGEMENT**,
ANNOUNCED THE OPENING
OF THEIR **NEW OFFICE** AT
45 RONALD REAGAN BLVD IN
WARWICK.



Dr. Kumar is fellow ship trained in interventional pain medicine, board certified in physical medicine, and a diplomate of the American Board of Pain Medicine.

In India, Dr. Kumar was an orthopedic surgeon with specialized training in doing fluoroscopic and ultrasound-guided minimally invasive pain procedures. Dr. Kumar has extensive experience in treating nerve damage, back, knee, shoulder and hip issues. He offers minimally invasive spine procedures, EMGs and innovative treatments for various medical diagnoses. Dr. Kumar's strengths include diagnosing difficult cases and offering sensible treatments that are logical and safe.

Please call 9783-9173800 to schedule an appointment with Dr. Kumar.



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Cooper, Nokian, Goodyear are just a few of the classic, affordable tires available in the heart of Warwick. Nokian are world-class tires for your classy chassis. Get your vehicle ready for Spring. Summer trips and weather with a checkup at

South Street Tire and Auto. Open Monday to Saturday.

Call for an appointment, 845-986-5001.



THE STRETCH ARTISTS April 1st marked the one-year anniversary of The Stretch Artists, the new fascial stretching practice located at 7 West Street behind Board & Brush in the Village of Warwick. And indeed, it has been a remarkable year in which over 800 stretches were provided to their clients.

Both new and repeat clients have enjoyed the benefits of the healing and movement-enhancing therapy of gentle assisted stretching...clients of all ages ranging from athletes to business people to folks who simply want to relieve discomfort and improve mobility diminished by injury or lifestyle.

This first year has also seen the enhanced professional development of owner Ann Fitzpatrick and practitioner Lisa Esposito. Both stretch practitioners received Level II Stretching Certification from the Stretch To Win Institute in Chandler, AZ. This advanced certification has allowed

The Stretch Artists to integrate advanced stretching techniques into their practice as they assess the specific needs of each client.



Warwick Living Magazine is celebrating our 1 year anniversary of helping warwick residents get to know their neighbors through our candid family

Feature articles that have ranged from new neighbors to neighbors who have called Warwick home for centuries. We are grateful to those families and local charities who have allowed us to share their stories!

Our Magazine would not exist without the wealth of intriguing content that comes from our Expert Contributors.

Please Contact amoers@bestversionmedia.com with recommended Featured Families or local content.

Contact bpaquin@bestversionmedia.com to learn about how you can grow your business with us.



WARWICK VALLEY
ROTARY CLUB SERVICE,
FUNDRAISERS AND
HONOR OUR VETERANS

The Rotary Club is a dedicated group of individuals who exchange ideas, build relationships, and take action in order to create positive, lasting change in our community. Encouraging and Fostering the ideal of SERVICE.

Military Banners for Our Veterans. Banners up May 22 - August 21 in Village of Warwick and Florida. Joyce Perron joyce.perron@gmail.com

Through these fundraising efforts Rotary is able to help many in our local community. **Call 845-641-3243 or warwickvalleyrotary.com**.



Valerie K. **Zammitti,**JD, MBA, LLM of
Zammitti Law,
PLLC Ambassadorship
Chair of the WVCC

Zammitti Law

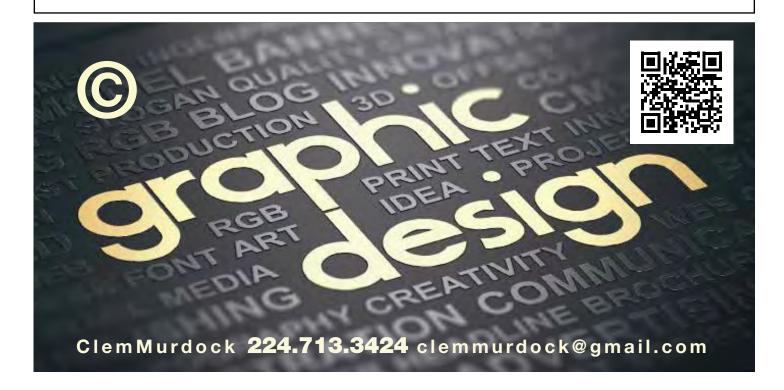
NEW OFFICE: 17 River Street, Suite 3, Warwick

By Valerie K. Zammitti, JD, MBA, LLM (Attorney Advertising)

Zammitti Law (www.yourplanningattorney.com) has finally found a new home in Warwick! Our new office located in the 1910 Lehigh & Hudson Railroad Professional Building is a unique setting with non-traditional décor. We are very excited to share this space with our existing clients and colleagues, and those with whom we will establish new relationships in the years to come.

As always, we look forward to providing peace of mind to families in Warwick and our surrounding communities through estate planning, elder law, and probate administrations.

To learn more, visit our website or find us online at all the "social" places including our podcast, Everything Estate Planning. We here to help and guide before, during, and after the "what if" scenarios of life!







Warwick Skatepark Initiative

WSI is a nonprofit community group formed to build a premier skatepark in Veterans Memorial Park. 2023 will be a big year: an information kiosk has been erected by local Eagle Scout Troup.

We are updating our website and preparing for fundraising events!

We need your help! For tax-deductible sponsorships, to purchase a brick paver, email us at warwickskatepark@gmail.com!

Or donate directly here: https://cfosny.org/our-funds/fiscal-sponsorships/warwick-skatepark-initiative/

It takes a village, AND the business community, to achieve the goal of a state of the art, Olympic ready, facility to be enjoyed for generations to come. Be a part of it!



Let's Talk About You!

Being your State Farm Agency means being here for you to help life go right & create an affordable price just for you. We work hard to understand your hopes, challenges, goals and dreams. We want to know what is important to you, where you are at in your life today, & what concerns you have that we can help with.

We are here to make a plan with you to protect the things you love, and always be your Good neighbor.

845-986-7100 | christine.a.adams.iwva@statefarm.com | www.warwickins.com

Like a good neighbor, State Farm is there.®

Warwick Valley Community Center and Prevention Coalition

These two community based organizations provide local residents, especially children with a safe environment, healthy living and leadership practices. Its diverse, alcohol and drug free setting offers enrichment classes to teens and young adults. Center prides itself on providing low / no-cost programming to enhance quality of life, while encouraging healthy decisions to make the world a better place.

UPCOMING EVENTS INCLUDE

"Community = Love Pride Day" June 11th, 11am-4:30pm. Invitation only Red Carpet PSA Youth Gala. Call about Summer Youth Leadership Program. 845 986 6422 Located at historic Doc Fry Building, 11 Hamilton Ave.

CONSIDER CORPORATE SPONSORSHIP

CORPORATE SPONSORSHIP IS A SMART AND ECONOMICAL WAY TO INVEST YOUR MARKETING DOLLARS FOR YEAR-ROUND EXPOSURE.

The benefits of Corporate Sponsorship vary depending upon the level of investment but here are the general highlights for every level:

- Membership Annual Dues
- Sponsor of Chamber events including Applefest, Taste of Warwick, Golf Outing, Taste of Warwick, Annual Celebration
- · Logo on website, weekly calendar, event sponsor board
- Free admission to Chamber Mixers and Workshops
- Warwick Valley Guide Ad or Directory Listing
- Longer Chamber Connection profile
- E-blasts, member mailing labels, and boosted social media posts

| PLATINUM | \$15,500 VALUE FOR | \$7750 |
|----------|--------------------|--------|
| GOLD | \$9500 VALUE FOR | \$4750 |
| SILVER | \$5500 VALUE FOR | \$2750 |
| BRONZE | \$2500 VALUE FOR | \$1250 |

Contact the Chamber office for more information at info@warwickcc.org or 845.986.2720



WELCOME NEW MEMBERS 1ST QUARTER 2023

ADOBE

Ellen Sartin

345 Park Avenue San Jose, CA 95110-2704

(408) 753-5826

cit46532@adobe.com Graphic Design Software

GRAPHIC DESIGNER Clem Murdock

Warwick, NY 10990

22.713.3424

clemmurdock@gmail.com clemmurdock.myportfolio.com

LAKE LODGING LLC Ingrid **King**

1145 NY-17A

Greenwood Lake, NY 10925

(845) 705-2005

ingakinga4@gmail.com Lodging

OUR HOUSE REAL ESTATE GROUP Karen **Gauvin**

4 Overlook Drive, Suite 1 Warwick, NY 10990

(845) 705-8093

karengauvinrealtor@gmail.com Real Estate

SV CUSTOM QUALITY CONSULTING Richard **Staine**

22 Lindsey Rd

Warwick, NY 10990

(917) 940-5209

Svconsulting16@gmail.com Health Care Consulting

BUCKHEIT PARTNERS LLP John Buckheit

20 Spring Street Suite 2

Warwick, NY 10990

(845) 893-0404 (work)

Buckheit@buckheitpartners.com Attorney

MURPHY REAL ESTATE TEAM Angela **Murphy**

7 Main St

Warwick, NY 10990

(845) 987-4897

angelamurphyrealestate@gmail.com Real Estate

PAINT POWER

Brando Lara

2 Woodland Way N Ellenville, NY 12428

(718) 440-8357 (work)

manager@paintpower.net Painting & Remodeling

WEALTH ADVISORY GROUP Bina Patel

355 Lexington Ave Nanuet, NY 10017

(760) 580-7689

bina_patel@wagllc.com Financial Planning

HUDSON HIGHLANDS NATURE MUSEUM

Erik Breitenbach

46 Bowen Rd (Mountain Lake Park) Warwick, NY 10990

(845) 534-5506

ebreitenbach@hhnm.org Nature-based Pre-School

NEW JERSEY ADVANCED PAIN MAMAGEMENT Aiav Kumar

45 Ronald Reagan Blvd Warwick, NY 10990

(973) 917-3800

njapmc@gmail.com Pain Management

RE/MAX BENCHMARK REALTY GROUP

Paul Ruszkiewicz

626 E Main Street Middletown, NY 10940

(845) 988-6326 (work)

pruszkiewicz75@gmail.com Real Estate

THANK YOU TO RENEWING MEMBERS 1ST QUARTER 2023

94 Pilates

Albert Wisner Public Library

Algot Design Alpine Roofing Applewood Winery

Ash Hopper Handcrafted Soap

Baird's Tavern
Barrett Homes
Beattie & Krahulik
Bellvale Market
Belowich & Walsh
Bertoni Gallery
Black Dirt Distillery

Broadfield Insurance Group Catskill Veterinary Services, PLLC

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Charles Emmanuel, Rand Commercial Real Estate

Christ Church

Christopher Ford's Party Mix

Coquito
County Waste
Craft Beer Cellars
Crystal Springs Resort
Daubert's Lawn Service
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Designs by Monica Dream Worx Edward Jones

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Kim Manno Corkum-Keller Williams Realty

Kimberly Starks, Howard Hanna

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Reclaimed Consignment Boutique

Savvy Chic Consignment Scenic Farms Golf Course Scripted Fragrance Searchlight Consulting Seely & Durland

ServPro of Orange County Shalimar Alpacas of Warwick Sussex Energy Group Taco Hombre

Taco Hombre
The Glenwood
The Stretch Artists
Transportation Colla

Transportation Collaborative

Village Billiards

Vogel & Moore Insurance

Wansor Realty Warwick Advertiser

Warwick Cemetery Association Warwick Chocolate Co Warwick Day Care Warwick Hope Chest Warwick Little League Warwick Masonic Lodge #544

Warwick Massage Warwick Valley B&B

Warwick Valley Central School District

Warwick Valley Country Club Warwick Valley Gardeners Warwick Valley Humane Society Warwick Valley Rotary Club Warwick Valley Winery

Waterstone Inn

Winslow Therapeutic Riding Center

Wright Family Farm You Are Beautiful People

BENEFITS OF MEMBERSHIP IN THE WARWICK VALLEY CHAMBER OF COMMERCE

MEMBER CONNECTION

- Ribbon Cutting Ceremonies
- Expresso & After Hours Mixers
- Informational Meetings & Webinars
- Annual Membership Celebration

CUSTOMER CONNECTION

- Warwick Applefest
- Warwick Valley Farmers' Market
- · Warwick Merchants' Guild
- Taste of Warwick

COMMUNITY CONNECTION

- Local Business Visibility, Credibility, and Collaboration
- Provides Information to Residents
- Promotes Regional Tourism
- Liaison Between Local Businesses & Government Officials

PRINT MARKETING

- Quarterly Chamber Connection Articles
- Access to Annual Warwick Valley Guide distributed in NY/NJ Area
- Access to member mailing labels
- · Access to individual member email blasts
- Press Releases for ribbon-cuttings

ELECTRONIC MARKETING

- Dynamic Chamber Website with promotional opportunities, data gathering, and event listings
- Weekly Calendar of Events
- New Member and Renewal Recognition
- Online Event Registration
- Social Media Promotions

MEMBERSHIP RENEWALS

Membership Renewals for 2023 were due on May 31 to maintain your status as a member in good standing. If you haven't renewed yet, you will be receiving one last invoice by mail. Please reach out to Stefanie Keegan to discuss your membership if you have any questions.

UPCOMING CALENDAR

MARK YOUR CALENDARS FOR THESE EVENTS. REGISTRATION INFORMATION WILL BE INCLUDED IN FUTURE EVENT CALENDARS SENT WEEKLY BY THE CHAMBER



AFTER HOURS MIXER AT LAST WHISKY BAR

June 29 2023 5:00-7:00 pm

45 Woodlands Way Warwick, NY

Members \$10; Non-members \$20

please use this link to register:

https://directory.warwickcc.org/events/details/after-hours-mixer-at-last-whisky-bar-9135



TASTE OF WARWICK SEPTEMBER 12, 2023 AN EVENING OF FOOD, SPIRITS, MUSIC & FUN FEATURING THE BEST OF THE WARWICK VALLEY WARWICK VALLEY WINERY WARWICK VALLEY WINERY

2023 MEMBER EVENTS

EVERY SUNDAY MAY 14 - TIME: 9:00 am-2:00 pm at the South Street lot

WARWICK VALLEY FARMERS MARKET

Purchase Tickets at

WARWICKCC.ORG

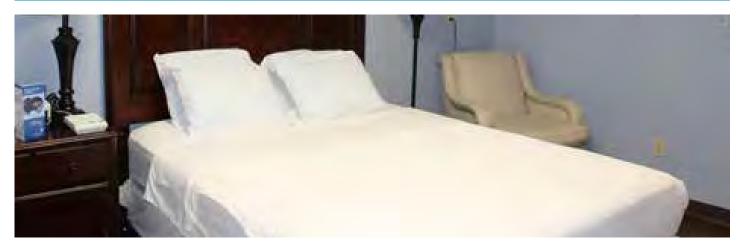
JUNE 29 - TIME: 3:00 pm

GRAND OPENING/RIBBON CUTTING AT ZAMMITTI LAW, PLLC

www.warwickcc.org

SLEEP DISORDER AT ST. ANTHONY INSTITUTE COMMUNITY HOSPITAL

TREATS BOTH ADULTS AND CHILDREN



THE FACILITY BOASTS

beautifully appointed private rooms, which include flat screen TVs and Wi-Fi access. The queen-sized beds accommodate all patients comfortably, and the pediatric family suites allow parents and caregivers to accompany infants and children during sleep studies.

For more information about the Sleep Disorder Institute at St. Anthony Community Hospital,

call 866.857.6080 or visit Sleep Center (stanthonycommunityhosp.org)

- Nocturnal Polysomnography, Adult and Pediatric (ages 1 and older)
- Polysomnography with Continuous Positive Airway Pressure
- Polysomnography with Adaptive Servo Ventilation
- Multiple Sleep Latency testing
- Maintenance of Wakefulness Testing for employment and motor vehicle certification
- Home Sleep Testing (only available to adults)

Since we moved the clocks forward, we're reminded about the importance of getting enough sleep. Sleep is increasingly being recognized as an essential aspect of healthy living for both children and adults. More than one quarter of the U.S. population reports occasionally not getting enough sleep; insufficient sleep is associated with a number of chronic diseases and conditions such as diabetes. cardiovascular disease, obesity and hypertension. For those experiencing sleep disorders, the Sleep Disorder Institute at St. **Anthony Community** Hospital is located in Florida, NY, right in your backyard. Its mission is to provide the highest quality sleep diagnostic services and treatment to improve quality of life. The Institute

specializes in patient care for all ages, from pediatrics to geriatrics, including infants, with board-certified adult and pediatric sleep physicians. It is accredited by the American Academy of Sleep Medicine and its physicians have credentials in Sleep Medicine, Internal Medicine, Pulmonary Disease, Critical Care and Pediatric Pulmonary care in addition to a staff of credentialed and expertly trained technologists. The Pediatric Sleep Program is unique and led by a board-certified pediatric pulmonologist. Many types of sleep disorders are evaluated at the center including obstructive sleep apnea, central sleep apnea, insomnia, restless leg syndrome, periodic limb movement disorder, parasomnias and narcolepsy. Board-certified sleep physicians are qualified to evaluate and provide treatment for a wide variety of adult and pediatric sleep disorders including one of the most common: obstructive sleep apnea. Services for adults, children and infants include:

